

Lesson plan
Session-2024-25

M.Sc. Psychology-3rd Semester

Subject: Clinical Psychology

Name of the Teacher: Pankaj Sharma

September	Topic
Week-1	Clinical Psychology: Nature, Historical overview, Clinical psychology as a profession
Week-2	Roles and responsibilities of clinical psychologists.
Week-3	Issues in Clinical Psychology: Professional training
Week-4	Professional regulation, Professional ethics.

October	Topic
Week-1	Methods of Clinical Psychology: Epidemiological
Week-2	Correlational and Experimental methods
Week-3	Clinical Assessment Techniques: Need, Elements, Case study, Clinical interview,
Week-4	Diwali vacations

November	Topic
Week-1	Observation, Psychological tests
Week-2	Psychotherapy: Meaning, Nature, General Principles
Week-3	Types of Psychotherapies
Week-4	Biologically Based Therapies: Early attempts in biological therapies

December	Topic
Week-1	ECT, Pharmacological therapy. Psychologically Based Therapies I: Psychoanalytic, Behaviouristic- Brief graduated exposure and prolonged intense exposure therapies
Week-2	Client- centered, Existential. Psychologically Based Therapies II: Cognitive-behaviour therapy
Week-3	Rational- emotive therapy, Gestalt therapy, Mindfulness based stress reduction therapy.

Lesson plan
Session-2024-25

M.Sc. Psychology-4th Semester

Subject: Neuro- Psychology

Name of the Teacher: Pankaj Sharma

February, 12	Topic
Week-3	Neuropsychology: History, Nature, Approaches, scope.
Week-4	Methods of studying brain: X-ray, CT scan, MRI, FMRI, PET scan

March	Topic
Week-1	Blood circulation in the brain, Cerebrovascular Accidents (CVAS)- transient ischemic attack Thrombosis, hemorrhage- symptoms and management
Week-2	Traumatic Brain Injury (TBI), Closed Head injuries, Open head injuries, concussion: causes, symptoms and management
Week-3	Intracranial tumors- types, diagnosis, symptoms and management.
Week-4	Holi Vacations

April	Topic
Week-1	Degenerative Disorders: Dementia (age and brain changes) Alzheimer's disease
Week-2	Parkinson's: causes, symptoms and management
Week-3	Neuropsychological assessment batteries: Halstead-Reitan, Luria-Nebraska,
Week-4	PGI battery of brain dysfunction, AIIMS Neuropsychological battery

May	Topic
Week-1	Neuropsychological rehabilitation: techniques and use of neuroprosthetics.
Week-2	Revision

(Teacher's Signature)

(HOD Signature)

Lesson plan
Session-2024-25

M.Sc. Psychology-4th Semester

Subject: Forensic and Criminal Psychology

Name of the Teacher: Pankaj Sharma

February, 12	Topic
Week-3	Criminal psychology: Nature and historical perspective. Approaches of criminal behaviour, Crime trends in India. National Bureau of Crimes.
Week-4	Biological, psychological and social. Method of study. Approaches to classification of crime.

March	Topic
Week-1	Type of crime I : Juvenile Delinquency, Antisocial personality, crime against children, women and aged, white collar crime, cyber crime and cyber terrorism.
Week-2	Type of crime II: Homicide, Suicide, Serial Killers, Rampage killer,
Week-3	Sex offenders, Mentally ill offenders, Terrorism- domestic and international.
Week-4	Holi Vacations

April	Topic
Week-1	Forensic Psychology: Introduction and overview, Historical Perspective, Fields of Forensic Psychology, Education and training.
Week-2	Assessment of forensic psychology: Investigative Interview, Verbal detection, Statement assessment,
Week-3	Hypnosis, Voice analysis, Polygraph, Thermal imaging, Narcoanalysis, Brain electrical oscillation, Signature profiling.
Week-4	Psychological intervention and correction: Punishing for crime, Behaviour modification, Social interventions, Rehabilitation in family and community,

May	Topic
Week-1	Psychological reforms in jails. Risk assessment and dangerousness issues: Political context, Clinical approaches in Risk and dangerous assessment.
Week-2	Revision

(Teacher's Signature)

(HOD Signature)

Subject:-Psychology

Teacher Name:- Dr. Taruna

S.no	Week Starting on	Topics BA 2 nd sem	Week Starting on	MA/MSc Psychology 2 nd SEM
1	27-01-25 to 02-02-25	Introduction brief history of social psychology	10-01-2 to 17-01-25	Cognitive psychology emergence and current status.
2	03-02-25 To 9-02-25	Scope of social psychology	18-01-25 To 25-01-25	Attention concept of selective and divided attention and theories of divided attention
3	10-02-25 To 15-02-25	Levels of social behavior and approaches	27-01-25 To 03-02-25	Capacity theories , automaticity, attention and arousal , vigilance
4	17-02-25 To 22-02- 25	Approaches of social behavior	04-02-25 To 11-02-25	Signal detection theories, information processing approach, perception of depth , perception of time and movement
5	23-02-25 To 02-03- 25	Individual level processes and socialization meaning	12-02-25 To 18-02-25	Perceptual constancy : size, shape and brightness, motivational influences on perception
6	03-03-25 To 08-03-25	Nature of socialization and agencies	19-02-25 To 27-02-25	Illusion types causes and theories , bottom of processes and perceptual learning
7	09-03-25 To 16-03-25	Holi break	28-02-25 To 08-03-25	Top down process and change blindness, word superiority effect
8	17-03-25 To 23-03-25	Person perception and meaning and nature attribution	09-03-25 To 16-03-25	Holi break
9	24-03-25 To 30-03-25	Theories of attribution , biases and errors	17-03-25 To 22-03-25	Memory nature process and modals of memory
10	31-03-25 To 06-04-25	Attitude formation ,change and resistance to change	24-03-25 To 29-03-25	Revision and test
11	07-04-25 To 13-04-25	Revision and test of first unit and second	31-03-25 To 05-04-25	Working memory and mono hierarchical model, major of short term and long term

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

				memory
12	14-04-25 To 20-04-25	Interpersonal attraction and prosocial behavior	07-04-25 To 12-04-25	Retrieval and forgetting
13	21-04-25 To 27-04-25	Aggression nature ,type and associated factors	14-04-25 To 22-04-25	Applied aspect of memory, everyday memory flash bulb memory , improving memory and prospective memory
14	28-04-25 To 04-05-25	Group dynamics key aspects , cooperation and conflict, group decision making	23-04-25 To 30-04-25	Applied aspect of perception driving and traffic accidents .perception attention in aviation
15	05-05-25 to 11-05-25	Revision	20-05-24 To 25-05-24	Face identification, Revision and test
16				
17				

Subject:-Psychology

Teacher Name:- Dr. Rakesh verma

S.no	Week Starting on	Topics BA IV SEM sem	Topic BA VI sem	APGDGC 2 ND SEM
1	10-01-25 to 17-01-25	Introduction scales of measurement frequency distribution	Introduction OF Counseling : Meaning	Life skills counseling model: stages of model- relating , understanding ,changing
2	18-01-25 To 25-01-25	Graphical representation of data , data analyses major of central tendency mean	Counseling : Goals	Listing skills: active listing- skills of active listing : attitude of respects of acceptance
3	27-01-25 To 03-02-25	Median , mode , standard deviation : properties	Counseling process and relationship	Clients internal fram of reference, body and voice massage
4	04-02-25 To 11-02-25	standard deviation : computation, correlation pearson method	Counselor Effectiveness and Counseling in the Indian context	Understanding skills:
5	12-02-25 To 18-02-25	Revision and test	Approaches to counseling: Psychodynamic,	Area of context and difference, refraining listing blocks
6	19-02-25 To 27-02-25	Psychological testing: introduction , characteristics of test, reliability	Approaches to counseling: Behavioral, Person-Centered and Cognitive-behavioral	. INTERNSHIP TRAINNING
7	28-02-25 To 08-03-25	Validity and property of NPC	Counseling Techniques: Play, Art, Drama	INTERNSHIP TRAINNING
8	09-03-25 To 16-03-25	Holi break	Holi break	Holi break
9	17-03-25 To 22-03-25	Revision	Counseling Techniques: Music and Dance	Planning intervention & Thinking skills
10	24-03-25 To 29-03-25	Norms standardization , types of test	Revision and test of first unit and second	Understanding problem skills

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

11	31-03-25 To 05-04-25	Qualitative methods: interview , observation	Counseling Techniques: Yoga and Meditation	Delivering intervention
12	07-04-25 To 12-04-25	Case study	Applications : Family Counseling	Intervention for communication and action
13	14-04-25 To 22-04-25	Revision	School and Career Counseling	Revision
14	23-04-25 To 30-04-25	Test	Personal Counseling	Test
15				
16				
17				
18				

Subject:-Psychology

Teacher Name:- Dr. Jagvir Mann

S.no	Week Starting on	Topics BA 2nd sem	Week Starting on	BA 6th sem
1	27-01-25 to 02-02-25	Introduction brief history of social psychology	10-01-2 to 17-01-25	Introduction OF Counseling : Meaning
2	03-02-25 To 9-02-25	Scope of social psychology	18-01-25 To 25-01-25	Counseling : Goals
3	10-02-25 To 15-02-25	Levels of social behavior and approaches	27-01-25 To 03-02-25	Counseling process and relationship
4	17-02-25 To 22-02- 25	Approaches of social behavior	04-02-25 To 11-02-25	Counselor Effectiveness and Counseling in the Indian context
5	23-02-25 To 02-03- 25	Individual level processes and socialization meaning	12-02-25 To 18-02-25	Approaches to counseling: Psychodynamic,
6	03-03-25 To 08-03-25	Nature of socialization and agencies	19-02-25 To 27-02-25	Approaches to counseling: Behavioral, Person-Centered and Cognitive-behavioral
7	09-03-25 To 16-03-25	Holi break	28-02-25 To 08-03-25	Counseling Techniques: Play, Art, Drama
8	17-03-25 To 23-03-25	Person perception and meaning and nature attribution	09-03-25 To 16-03-25	Holi break
9	24-03-25 To 30-03-25	Theories of attribution , biases and errors	17-03-25 To 22-03-25	Counseling Techniques: Music and Dance

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

10	31-03-25 To 06-04-25	Attitude formation ,change and resistance to change	24-03-25 To 29-03-25	Revision and test of first unit and second
11	07-04-25 To 13-04-25	Revision and test of first unit and second	31-03-25 To 05-04-25	Counseling Techniques: Yoga and Meditation
12	14-04-25 To 20-04-25	Interpersonal attraction and prosocial behavior	07-04-25 To 12-04-25	Applications : Family Counseling
13	21-04-25 To 27-04-25	Aggression nature ,type and associated factors	14-04-25 To 22-04-25	School and Career Counseling
14	28-04-25 To 04-05-25	Group dynamics key aspects , cooperation and conflict, group decision making	23-04-25 To 30-04-25	Personal Counseling/ REVISION
15	05-05-25 to 11-05-25	Revision & Test		
16				
17				
18				

Subject:- MSc. Psychology\APGDGC

Teacher Name:- Pooja Shekhawat

S.no	Week Starting on	Topics APGDGC 2nd sem	MA/MSc Psychology 2nd SEM
1	10-01-25 to 17-01-25	Promoting Wellness: The Wellness Counseling Model- Essential Self, Coping self, Social self, Creative self, Physical self	Biopsychology: Nature, Divisions, Scope of Biopsychology
2	18-01-25 To 25-01-25	Personal contextual approach to wellness counseling, Solution focused therapy and wellness Counseling	Affector and Effector System
3	27-01-25 To 03-02-25	Life Skills Training: Theoretical Rationale, Training Process, Essential elements, Life Skill Trainer, Training materials, Preventive applications	Sensory Systems -Vision and Audition
4	04-02-25 To 11-02-25	Social skills training in managing harmful emotions: Social skills training, General assertion training, Specific skills training	Chemical Senses, Cutaneous Senses. Effector system: Motor system,
5	12-02-25 To 18-02-25	Self-control training - Problem solving, Self-instructions, Stress Inoculation, Self-control packages; Contingency management. Promoting parenting and child rearing skills	Endocrine system –Glands , Hormones Stress
6	19-02-25 To 27-02-25	. INTERNSHIP TRAINING	Neuron: Structure, Types and Functions
7	28-02-25 To 08-03-25	INTERNSHIP TRAINING	Nerve Impulse, Synaptic Conduction, Types of Synapses,
8	09-03-25 To 16-03-25	. Holi break	Holi break
9	17-03-25 To 22-03-25	Parenting, Parenting styles; Techniques of positive parenting, Role of counsellor in promoting positive parenting	Neurotransmitters - Acetylcholine, Dopamine Epinephrine, Serotonin, Amino acids, Neuropeptides.
10	24-03-25 To 29-03-25	Promoting Positive Adaptation in Mid-Life: Couple-hood, Intimate relationship status, Parenthood, Adult child responsibilities	Revision and test

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

11	31-03-25 To 05-04-25	Revision and test of first unit and second	Nervous System: Central Nervous System -Brain and Spinal cord: Structure and Function
12	07-04-25 To 12-04-25	Promoting aging well: The aging process, Activities that promote healthy aging, Role of counsellor in healthy aging.	Peripheral Nervous System: Autonomic Nervous System - Sympathetic and Parasympathetic
13	14-04-25 To 22-04-25	Promoting social skills in Women; Social skills problems: Lack of Assertion, Work settings, Marital disruptions, Prevention and Intervention	Nervous System; Somatic Nervous System -Cranial Nerves and Spinal Nerves
14	23-04-25 To 30-04-25	. Promoting Healthy Life style: Promoting Physical and Psychological health	Emotions: Physiological Correlates of Emotions, Theories of Emotion: James-Lange, Bard, Schachter-Singer, Lindzey and Lazarus
15	1-05-25 To 6-05-25	Mindfulness meditation, Compassion meditation, Autogenic training, PMR, Yoga, Diet and Exercise	Physiological mechanisms of Thirst, Hunger, Sleep
16	07-05-25 to 11-05-25	Revision & Test	Revision & Test
17			

Lesson plans Session 2024-2025

M Sc 2nd Sem ,

Paper- Social Psychology

Professor-Sunita Chauhan

1.12 jan to 17 jan 2025 - History of Social Psychology

2.19 jan to 24 jan 2025- Altruism theories

3 26 Jan to 2 feb 2025- Leadership

4.4 Feb to 9 feb 2025- Aggression

5.11:Feb 16;feb 2025- Social Confirmation

6.18 Feb to 22:feb 2025- Theories of socialization

7.23 Feb to 28 feb 2025- Pro social behavior

8.1 march to 7 march 2025- Theories of self

9.9 march to 16; march – Holi break

10.17 march to 21 march 2025- Social Facilitation

11.22 march to 27 march 2025-Altruism

12.29 march to 4 April 2025-Self and culture

13.6;April ton11:April 2025- Cultural diversity

14.12:April to 19!April 2025- culture and conflict

15. 22 April to 29 April 2025- Tests

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Lesson Plan Session 2024-2025

Subject:-Psychology

Teacher Name: - Dr. Devendra Singh

Sr	Week Starting on	M.SC 2 nd sem
1	January, 5th week	Research Designs. Nature, Purpose, principles Between Subjects and within subjects(Single and factorial
2	February, 1st week	Mixed Designs. Repeated Measure design Significance of mean differences independent and correlated means
3	February, 2nd week	Quasi experimental designs: types and analysis Parametric and non-parametric statistics
4	February, 3rd week	Wilcoxon sign rank test Median test
5	February, 4th week	Mann Whitney U test
6	March 2nd Week	Analysis of variance; Assumptions and applications
7	March 3rd Week	Holi break
8	March 4th Week	One way ANOVA (Independent groups and repeated measures
9	April 1st Week	Two way ANOVA for Independent groups
10	April 2 nd Week	Multiple regression: Methods of multiple regression and prediction
11	April 3rd Week	Regression equations for three variables
12	April 4 th Week	Kruskal Wallis One way ANOVA (Analysis
13	April 5 th Week	Friedman's Two way Analysis of variance
14	May 1st Week	Qualitative analysis: Content analysis thematic representation categories
15	May 2 nd Week	Interpretative phenomenological analysis Grounded theory

Teacher's Signature

HOD Signature

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Lesson Plan Session 2024-2025

Subject:-Psychology

Teacher Name: - Dr. Devendra Singh

S.no	Week Starting on	Topics M.Sc. Ist sem	Topics M.Sc. IIIrd sem
1	August Ist Week		Psychological Measurement Meaning Theoretical Issues
2	August 2nd Week	Research Nature & Approach, Univariate V/S Multivariate Approach; Problem Characteristics Formulation, Sources of Research Problem	Levels & Problems Psychological scaling Methods Paired Comparison
3	August 3 rd Week	Hypothesis Nature and Characteristics of Hypothesis, Types & Formulation Of Hypothesis	Rank Order Equal Appearing Intervals And Fractionation
4	August 4th Week	Variables And Control Of Extraneous Variables, Measures Of Central Tendencies Mean, Mode, Median	Test Construction Steps In Test Constructions, Standardization
5	August 5th Week	Quartiles And Percentiles, Measures Of Variability Range, Quartile Deviation, Average Deviation, Standard Deviation	Item response Theory
6	September 2 nd Week	Sampling Meaning Principles, Purpose Methods of Probability and Non-Probability Sampling, Parametric & Non-parametric Test	Deterministic & Probabilty Models
7	September 3rd Week	Types Of Research, Experimental, Quasi Experimental; Ex-Post-Facto, Field Studies, Survey Research	Reliability Basic Concepts , Methods Of Estimates,
8	September 4 th Week	Normal Probability Curve Characteristics & applications of NPC;	Factors Affecting Reliability,
9	September 5th Week	Skewness & kurtosis	Validity meaning, Validation Procedure
10	October Ist Week	Tools & Techniques of Data Collection, Observations Interviews Case Studies Psychological Tests	Special Problems of Reliability And Validity,
11	October 2 nd Week	Correlation Properties Methods , Pearsons Product Moment Partial Correlation & Multiple Correlation	Construct Validity Heterotraits Methods & Approaches
12	October 3 rd Week	Spearman's Rank Difference, Biserial, Point Biserial Phi Coefficient & Tetrachoric	Factor Analysis assumptions, Methods
13	October 4th Week	Ex-Post-Facto, Field Studies, Survey Research;	Centroid & Principles Components;
14	October 5th Week	Tools & Techniques of Data Collection, Observations Interviews Case Studies Psychological Tests	Rotation Of Factors,

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

15	November Ist Week	Correlation Properties Methods ,Pearsons Product Moment Partial Correlation & Multiple Correlation	Orthogonal , Oblique & Objective Techniques
16	November 2 nd Week	Spearman's Rank Difference, Biserial, Point Biserial Phi Coefficient & Tetrachoric	Orthogonal , Oblique & Objective Techniques

Teacher's Signature

HOD Signature

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Name of the Assistant/ Associate Professor -----Dr. Naseeb Kumar

Class and Section:- -----APGDGC, Sem. IInd (2024-25)

Subject/Paper:- -----Guidance and Counseling Applied Perspectives

Date	Topics
01/02/2025 – 11/02/2025	Guiding Adolescents: Meaning, Problems and Interventions.
12/02/2025 – 17/02/2025	Counseling at Work Place: Roles of Counseling Psychologists in work place, Organization as client,
19/02/2025 – 24/02/2025	Applications of Person-environment interaction, Organization research.
26/02/2025 – 02/03/2025	Couples Counseling: Principles, Interventions; Pre-Marital Counseling,
04/03/2025 -08/03/2025	Marriage Counseling. Facilitating Transitions in Retirement: Effects of retirement;
9/03/2025 -16/03/2025	Holi Break
17/03/2025 -22/03/2025	Counseling Practice: Attitudes towards retirement,
23/03/2025 -31/03/2025	Development of Retirement and leisure Counseling, Counseling issues and interventions.
01/04/2025 -06/04/2025	Counseling in groups: Defining group types, Preparing for the group,
08/04/2025 -13/04/2025	Stages of group development. Consultation and Supervision:
15/04/2025 -20/04/2025	Theories of consultation, Process of consultation,
22/04/2025 -27/04/2025	Counselor as Consultant; Supervision: Models of supervision.
29/04/2025 -04/05/2025	Guidance & Counseling in Special Groups 1: Meaning, Effects and Intervention of Cognitive exceptional-
06/05/2025 - 11/05/2025	Intellectual Disabled (Mentally retarded)
13/05/2025 - 18/05/2025	Learning disabled Guidance & Counseling in Special group II: Meaning,
20/05/2025 - 25/05/2025	Effects & Intervention of Physical disabilities & Health impairments.

Teacher's Signature

HOD Signature

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Name of the Assistant/ Associate Professor -----Dr. Naseeb Kumar

Class and Section:- -----B.A. IVth Sem. (2023-24)

Subject/Paper:- -----Statistical Methods and Psychological Research

Date	Topics
01/01/2025 – 11/01/2025	Introduction: Scales of Measurement,
12/01/2025 – 17/01/2025	Frequency Distribution,
19/01/2025 – 24/01/2025	Graphical Representation of Data.
26/01/2025 – 02/02/2025	Data analysis: Measures of Central Tendency:
04/02/2025 -09/02/2025	Mean, Median, Mode (properties and computation).
11/02/2025 -16/02/2025	Standard Deviation: Properties and Computation.
18/02/2025 -22/02/2025	Correlation: Pearson Method
23/02/2025 -28/02/2025	Psychological Testing: Introduction to Psychological Testing.
01/03/2025 -08/03/2025	Characteristics of test,
09/03/2025 -16/03/2025	Holi Break
15/03/2025 -20/03/2025	Reliability, Validity
22/03/2025 -27/03/2025	Properties of Normal Probability Curve (NPC).
29/03/2025 -04/04/2025	Norms,
06/04/2025 - 11/04/2025	Standardization, Types of Tests.
13/04/2025 - 18/04/2025	Qualitative Methods: Interview Method
20/04/2025 - 25/04/2025	Observation, Case Study Method
25/04/2025- 30/04/2025	Revision & Class Test
01/05/2025 – 15/05/2025	Revision & Assignment Presentation

Teacher's Signature

HOD Signature

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Name of the Assistant/ Associate Professor -----Dr. Naseeb Kumar

Class and Section:- -----APGDGC, Sem. Ist (2024-25)

Subject/Paper:- -----Foundation of Guidance and Counseling

S.no	Week Starting on	Topics
1	August Ist Week	Conceptual framework of Guidance: Meaning, Nature, Goals and Objectives, Assumptions,
2	August 2nd Week	Principles of Guidance. Early, Later and Contemporary Models of Guidance,
3	August 3 rd Week	Guidance Services, Organization of Guidance Programme.
4	August 4th Week	Guidance Services, Educational Guidance: Nature, Functions,
5	August 5th Week	Stage wise educational guidance (Primary, Secondary, & Higher Secondary. College),
6	September 2 nd Week	Role of Teacher & Counselor in educational setting.
7	September 3rd Week	Vocational Guidance: Nature, Process,
8	September 4 th Week	Theories, Collection and Dissemination of career information.
9	September 5th Week	Conceptual framework of Counseling: Nature, Historical development,
10	October Ist Week	goals, types, Counseling & Psychotherapy, Ethics in Counseling.
11	October 2 nd Week	Becoming an effective Counsellor: Personal qualities of counsellor,
12	October 3 rd Week	Roles & Responsibilities, Common pitfalls faced by beginning counsellors.
13	October 4th Week	The Counseling Process I: Inviting and building the Counseling relationship, Core Conditions of Counseling.
14	October 5th Week	Counsellors' actions impeding the Counseling session.
15	November Ist Week	The Counseling Process II: Goals and methods of in-depth exploration, Commitment to action, Goal Setting,
16	November 2 nd Week	Design and implementation of action plan, Termination.

Teacher's Signature

HOD Signature

M.N.S. Govt. COLLEGE BHIWANI
Department Of Psychology

Name of the Assistant/ Associate Professor -----Dr. Naseeb Kumar

Class and Section:-----B.A. IIIrd. Sem. (2024-25)

Subject/Paper:- -----Psychological disorders

Week Starting on	Topics
August 1st Week	Introduction of abnormal behavior, Basic Concepts: Definition and Criteria of Abnormality, Classification: Meaning,
August 2nd Week	Classification of abnormal behavior Introduction and Purpose, DSM-I DSM-II, DSM-III and
August 3 rd Week	DSM IV TR: Key Features. Diathesis Stress Model.
August 4th Week	Approaches to Psychopathology: Biological,
August 5th Week	Psychodynamic, Behavioural Approaches
September 2 nd Week	Cognitive and Cultural Clinical states: Anxiety Spectrum Disorders:
September 3rd Week	Generalized Anxiety Disorder.
September 4 th Week	Obsessive compulsive disorder
September 5th Week	Mood Disorders-Unipolar, Unipolar disorder Bipolar;
October 1st Week	Schizophrenia: Disorganized, Paranoid and Catatonic, Learning
October 2 nd Week	Learning Disabilities:- Dyscalculia, Dysgraphia & Dyslexia.
October 3 rd Week	Treatment of disorders a) Biological treatment: Pharmacotherapy and
October 4th Week	Biological treatment- Electroconvulsive Therapy
October 5th Week	Psychology treatment b) Psychological treatment: Psychoanalytic Therapy.
November 1st Week	Behaviour Therapy and Cognitive-Behaviour Therapy
November 2 nd Week	Class Test & Presentation of Assignments

Teacher's Signature

HOD Signature