Lesson plans 2025-26

Department of sociology

Name of Assistant Professor - Karam Jeet kaur

Classes- B.A 1st sem, B.A 3rd sem, B.A 5th sem

Class B.A 1st sem:-, paper – Introduction to sociology

Month August

Week 2

Unit 1

Definitions, nature and scope of sociology

-meaning of sociology and it's definitions

Nature of sociology

Week 3

-Scope of Sociology

Relationship of sociology with history

Week 4

Relationship of sociology with economics, relationship of sociology with psychology

Month September

Week 1

Unit 2 (Basic concepts)

Concept of social structure, it's meaning and characteristics

Concept of society, it's characteristics and types of society

Week 2

Concept of association and it's characteristics, difference between society and association

-Concept of Community and it's characteristics, difference between community and society, difference between community and association

Week 3

Concept of Social institutions and characteristics, difference between institution and society, difference between institution and association

Week 4

Social groups and it's Characteristics

Types of social groups : primary and secondary groups, Difference between Primary and secondary groups

Reference group and it's characteristics

Month October

Week 1

Concept of culture and its characteristics, types of culture

Concept of socialization and types of socialization, stages of socialization, agencies of socialization

Week 2

Concept of social control ,types of social control, agencies of social control

Concept of social change , types of social change (evolution , progress, development and growth , revolution)

Week 3

Concept of evolution and it's basic tenets

Concept of progress and it's characteristics

Month November

Week 1

Concept of development and growth and it's characteristics

Week 2

Concept of revolution and its characteristics.

Obstacles in social change

Week 3

tests of unit 1 and 2

Week 4
Tests of unit 3 and 4
Part 2
Department of sociology
Lesson plan
Name of Assistant Professor -Karam Jeet kaur
Class -B A 3rd sem, Paper- Indian Society
Month August
Week 2
Unit 1
Textual and Field view of Society
Week 3
Traditional bases of Indian social system : Asharam vyavastha , joint family , Hindu marriage, Caste system, Varna System , Rin Vyavastha (types of Rin)
Week 4
Unity and Diversity in India: What is unity, What is Diversity. Unity and Diversity in India.
Month September
unit 2
Week 1
Demographic profile of India -
Week 2
Religions of India - What is Religion and it's characteristics, Types of Religion in India.
Week 3
unit 3
Marriage System in India - Tribal Marriage
Hindu Marriage, Muslim Marriage , Christian Marriage

Week 4
unit 3
Family in India - what is household, Joint family and Nuclear family
kinship System in India- Types of Kinship , Degree of Kinship , Importance of Kinship im India
Month October
week 1
Unit 3
Caste System in India - What is caste , merits and demerits of caste
Week 2
unit 4
Indian Villages - Characteristics of Indian Villages , Changing occuring in villages
Week 3
Indian Cities - Characteristics of Indian cities , types of Indian cities
Diwali vacation
Month November
Unit 4
Week 1
Social classes in India - Agrarian - Rural classes , Industrial - Urban classes.
Week 2
Concepts of OBCs, SCs, Minorites - Causes of Problems of OBCs and SCs and Minorities

Part 3- Department of sociology , Assistant professor- Karam Jeet kaur $\,$, Department of Sociology

Month Agust - Week 2

Unit-1

1. Definition of social problem, importance of study of social problem.

Week 3

Durkheim's theory of anomie, Becker's labelling theory

Week 4

Definition of caste and class, and problem of caste and class in India.

Month of September

Week 1

problem of gender inequality in India, problems of minorities in India.

Weekly test

Week 2

Unit 3

what is female feticide and problem of female feticide in India.

Problem of Dowry system in India.

Weekly test

Week 3

problem of domestic violence in India, laws related to domestic violence.

Weekly test

Week 4

Problem of divorce in India, types of divorce in different religions, steps of divorce

Month October

Week 1

Unit 4

What is honour killing in India , incidences of honour killing in India. What is crime ,types of crime ,consequences of crime

Weekly test

Week 2

Problem of juvenile delinquency in India and steps taken to reform juvenile delinquents.

Week 3

Cyber crime in India and steps taken to stop cyber crime. Problem of Drug addiction in India consequences of drug addiction.

Weekly test

Diwali vacation

Month November

Week1

Problem of suicide and types of suicide.

Problem of corruption in India and types of corruption

week 2

what is AIDS disease, consequences of AIDS.

Weekly test

Week 3

Field work on social issues